





How to Make a Kokodama aka Japanese moss ball

Materials:

- Potting soil
- Sphagnum moss
- 2, 30 cm square pieces of burlap
- Twine
- Thread
- Plant (Suggested Varieties: Staghorn ferns, Jade, Pothos, Philodendron, Begonias, Succulents, Spider plants)

- bin
- scissors
- pitcher of water
- spray bottle of water
- fresh green moss (can buy a sheet or I gathered some from my yard. You need enough to cover the ball.

Instructions:

- 1. Add 3-4 cups of potting soil to the bin. In general, the ball of dirt should be about the size of the pot the plant came in. Add some water to soil and mix until it begins to stick together and form into a ball. This is the fun and messy part! Push and squeeze until it stays together.
- 2. Make an X with 2 1-meter pieces of twine. Center one square of burlap on the X. Place mud ball in the center of the burlap.
- 3. Remove plant from pot and gently shake off dirt until it is only roots. If roots are very long, trim them with scissors. Take a handful of sphagnum moss and wrap it around the roots. Spritz with water until damp. Wrap with thread to secure moss to the roots.
- 4. Break open mud ball and place plant roots in center. Reform the ball around roots. Pull up corners of burlap and secure with twine. Add a second square of burlap and tie at the top snug but not so tight that it hurts the plant stems.
- 5. Cover with fresh moss and wrap with twine in all directions to secure.
- 6. Soak in water for 20-30 minutes. Drain and then set inside and enjoy!
- 7. You can tell when it needs to be watered by the weight. When it begins to feel much lighter. Fill bin with water and soak for 20-30 minutes.